



Schedule for NEPTACON 2021

Physiotherapy for all: ensure healthy live and promote wellbeing

DAY 1

Date: 19th November 2021

Day: Friday

Time: 8:30am – 5:30pm

TRACK 1		
8:30 – 9:00	Virtual Registration	
9:00 – 10:30	Welcome session - NEPTACON 2021	
KEYNOTE SPEECH		
10:30 – 11:15	Physiotherapy’s role in Health Promotion and Sustainability	Dr. Gillian Webb

Expert Presentation					
TRACK	SN	SPECILAITY	TIME	TOPIC	SPEAKER
TRACK 1					
TRACK 1	1.	Oncology Physiotherapy	11:30 – 12:15	Physiotherapy management of lung cancer	Dr. Catherine Granger
	2.	Cardiorespiratory Physiotherapy	12:15- 1:00	Early Rehabilitation in the Intensive care unit: an Intensivist perspective	Dr. Diptesh Aryal
	3.	Physiotherapy Education	1:00 – 1:45	How to pursue a Ph.D. and what are stepping stones?	Dr. Saurab Sharma
	4.	Ethics in Physiotherapy	1:45 – 2:15	Using the Nepal Health Research Council's Ethical Guidelines to shape Physiotherapy Practice	Dr. Louisa Remedios
	5.	Physiotherapy education	2:20 – 2:50	Physiotherapy and academia in Nepal: A journey beyond the horizon	Sadikchya Mulepati
	6.	Pain management	2:55 – 3:25	Interventions in musculoskeletal pain management	Dr. Ninandini Shrestha

	7.	Men's Health	3:25 – 3:55	Pelvic health and rehabilitation in Men	Dr. Holly Tanner
	8.	Pediatrics	3:55 – 4:25	Challenges in management of Spinal muscular atrophy in children	Dr. Bina Prajapati
	9.	Neurology	4:30 -5:00	Mild Brain Injury: An overview	Dr. Shambhu Adhikari
	10.	Neurology	5:00 – 5:30	Mild Brain Injury: Recent evidence in women who experience intimate partner violence	Dr. Paul van Donkelaar
TRACK 2					
TRACK 2	1.	SDG's and Rehabilitation	11:15 –11:45	Demystifying the nexus: Sustainable development goals and rehabilitation	Sunil Pokhrel
	2.	Child and adolescent Psychiatrist	11:50 –12:20	Physical and motor comorbidities in children with neurodevelopmental disorders	Dr. Utkarsh Karki
	3.	Health system and policy	12:25 –12:55	Health policy related to physiotherapy in Nepal	Pravin Yadav
	4.	IOPTP / Newborn follow-up	1:00 - 1:30	Newborn follow-up clinic and the use of Hammersmith Infant Neonatal Evaluation	Dr. Sheree York
	5.	Neurology	1:35 - 2:05	Neglected Normal side stroke	Govinda Mani Nepal
	6. Orientation on Rehabilitation Clinical Protocol (RCP) a) Non-Specific Low back pain b) Osteoarthritis Knee c) Developmental disabilities and Cerebral Palsy d) Stroke				
	1.	Dr. Rabindra Baskota	2:10 – 4:30	Development, Introduction and background on rehabilitation clinical protocol	
	2.	Dr. Raju Dhakal		Doctor and nurse related intervention of rehabilitation clinical protocol	
	3.	Binay Kandel		Physiotherapy related intervention on non-specific low back pain and osteoarthritis	
	5.	Smita K.C		Physiotherapy related intervention on developmental disabilities and cerebral palsy	
	6.	Deepak Joshi		Physiotherapy related intervention on stroke	
	7.	Amit Ratna Bajracharya		Prosthetist and Orthotist intervention	
	9.	Ganga Gurung		Occupational therapy related intervention	
	10.	Dr. Narmada Devkota		Psychology related intervention	

DAY 2

Date: 20th November 2021

Day: Saturday

Time: 8:00am – 5:00pm

8:00 – 8:45		Virtual Registration			
Expert Presentation					
TRACK	SN	SPECILAITY	TIME	TOPIC	SPEAKER
TRACK 1					
TRACK 1	1.	Sports Physiotherapy	8:45 – 9:15	Football injury prevention	Navina Shrestha
	2.	Neurology	9:20 – 9:50	Botulinum toxin in neurological disorder. What Physiotherapist can add?	Dr. Lekh Jung Thapa
	3.	Musculoskeletal	9:55 – 10:25	Evaluation and management of Scoliosis	Dr. Binod Bijukachhe
	4.	Musculoskeletal	10:30 – 11:00	Physiotherapy for pre and post surgery of Scoliosis	Nima Sherpa
	5.	Musculoskeletal	11:00 – 11:30	Role of Physiotherapy in Temporomandibular Dysfunction	Dr. Vincent Jayraj
	6.	Geriatrics	11:35 – 12:05	ICOPE: A Noble Concept for Multidisciplinary Care of Older People	Dr. Ramesh Kandel
	7.	Lymphoedema & Palliative care	12:10 – 12:40	Lymphoedema management	Dr. Alison Green
	8.	Pediatric	12:45 – 1: 15	Strength and power training in children with Cerebral palsy. What to choose?	Dr. Eugene Rameckers
	9.	Pediatrics	1:20 – 1:50	Transcranial Magnetic Stimulation – Understanding the underlying concepts and its application in the world of Pediatrics	Dr. Sahana Kamath Pai
	10.	Musculoskeletal	2:00 – 3:00	Clinical examination of the shoulder: are we throwing away the baby with the bathwater?	Dr. Ann Cools

TRACK 2					
TRACK 2	1.	Assessment and intervention in Infant	9:00 – 9:30	Early assessment and intervention for infants at high risk of cerebral palsy	Dr. Alicia Spittle
	2.	Incontinence	9:35 – 10:05	Pediatric Incontinence	Dr. Dawn Sandalcidi
	3.	Haemopoietic	10:10 – 10:40	Physiotherapy management in Hemophilia	Dr. Angela Forsyth
	4.	COVID	10:45 – 11: 20	COVID Guideline	Sumana Baidya
	Abstract Presentation				
	5.	Anjana Panthee	11:30 - 2:00	Parenting Stress among Parents of Children with Developmental Disability Transitioning from Childhood to Adolescence	
	6.	Anupama Thapa		Reliability of Nepali version of Developmental Coordination Disorder Questionnaire (DCDQ-NP) in school going children	
	7.	Archana Suwal		Reliability of Nepali Cerebral Palsy Quality of Life Questionnaire for Children Primary Caregiver Version	
	8.	Arpita Karki		Home-based functional approach versus Kegel exercise on quality of life in postnatal stress urinary incontinence: a randomized controlled trial	
	9.	Bhagwati Thapa		Effect of balloon blowing exercise Vs modified cervical exercise along with Swiss ball exercise on the lung capacity of patient suffering from text neck syndrome	
	10.	Chandra Bahadur Khatri		Effect of matrix rhythm therapy in diabetic foot ulcer healing: A case report	
	11.	Shraddha Adhikari		Exercise participation level among individuals with traumatic spinal cord injury during inpatient rehabilitation: a cross sectional study	
	12.	Shristi Shakya		Analysis of crawling facilitation in a child with developmental delay: a case study	
	13.	Sikha Pudasaini		Assessment of age related hyperkyphosis in older adults of Dhulikhel, Nepal: A cross-sectional study	
	14.	Namina Prajapati		Health worker s' satisfaction at their job working in Bir hospital during Covid-19 pandemic	

TRACK 1	
Representation of various multidisciplinary association in Nepal	
3:10 – 3:15	Nepal Medical Association (NMA)
3: 15 – 3:20	Nepalese Association of Physical Medicine and Rehabilitation (NAPMR)
3:20 – 3: 25	Prosthetist and Orthotist Society Nepal (POSN)
3:25 – 3:30	Association of Nepal Occupational Therapy (ANOT)
3:30 – 3:35	Speech and hearing association Nepal (SHAN)
3:35 – 3:50	Nepalese Australian Allied Health Professional Association (NAAHPA)
4:00 – 5:00	Closing Session NEPTACON 2021