



NEPAL PHYSIOTHERAPY ASSOCIATION

NEPTACon '018 Nov 29- Dec 01



Strengthening Rehabilitation : A Multidisciplinary Spectrum

Schedule, Resource Persons and Topics **Conference – Day 1 (30th November, 2018)**

Venue: Dhulikhel hospital, Kathmandu university hospital, Dhulikhel

Experts presentation

Expected participants: about 75 per track (Total 150)

Tracks	SN	Specialty	Topic	Speakers	Remarks
Track 1	1	Neurological / pediatric physiotherapy	Impact of physical functioning on participation and health related QOL of adolescence and adults with CP	Dr. Saumen Gupta (Ph.D., PT)	Confirmed
	2	Neurological Physiotherapy	Order of exercise in motor training	Dr. Shambhu Adhikari (Ph.D., PT)	Confirmed
	3	Clinical Psychology	Helping the Helpers in a Crisis	Ms. Constance Png (M.Sc.)	Confirmed
	4	Health promotion and rehabilitation	The Norwegian model for health promotion, prevention and rehabilitation: what is in it for Nepal?	Prof. Ann Katrin (Ph.D., PT) and Mr. Nishchal R Shakya (MPT Ortho.)	Confirmed
Track 2	1	MSK	Over-medicalization and misconceptions about low back pain	Mr. Lennart Bentsen	Confirmed
	2	Musculoskeletal Physiotherapy	Low back pain: current evidence update	Mr. Saurab Sharma (MPT Ortho.)	Confirmed
	3	MSK and Sports	Sports Physiotherapy	Dr. Padam Bahadur Khadka (Ms. Ortho)	Confirmed
	4	Clinical education	How do we optimize the outcome of clinical placements in the bachelor programme of physiotherapy	Dr. Kathrine Rommen (Ph.D., PT)	Confirmed

~ Two dozens of oral presentations and One dozen of poster presentations after the expert's presentation.



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Scientific activities and Resource persons

Conference – Day 2 (1st December, 2018)

Venue: Shankar hotel, Kathmandu

Expected participants: about 300

Presentations	Tracks	SN	Specialty	Topic	Speakers	Remarks
Invited presentations (Total time: 2 hours 15 minutes)	Single track	1	MSK (1 hour)	Assessment and management of degenerated spinal discs	Prof. Celia	Confirmed
		2	Rehabilitation (30 minutes)	The contribution of Humanity and Inclusion (HI) in Nepal and outcome of a study entitled “Differences in Biopsychosocial Elements between Earthquake and Unintentional Injuries in Nepal”	Mr. Sunil Pokhrel	Confirmed
		3	Neuro (30 minutes)	Stroke rehabilitation	Dr. Lekhjunga Thapa (MD)	Confirmed
		4	Women’s Health (15 minutes)	Physiotherapy Management of Women in the Pre and post natal period	Dr. Margaret Sherburn	Confirmed
Panel discussion (2 hours)	Single track	Topic: Rehabilitation in spinal cord injury: Case based discussion Presentation from: Dr. Binod Bijukchhe (Spine surgeon) and Neurophysiotherapists Facilitator: Dr. Shambhu P Adhikari				
		1	PT educationist, in Nepal and in abroad	Prof. Gillian Web, Australia	Confirmed	
		2	Spine surgeon	Dr. Binod Bijukchhe (MS Ortho)	Confirmed	
		3	Neurophysiotherapist	Mr. Nima Sherpa (MPT), Clinical (Acute/subacute)	Confirmed	
		4	Neurophysiotherapist	Mr. Govinda M Nepal (MPT), Academic	Confirmed	
		5	Neurophysiotherapist	Ms. Chanda Rana (MPT), Rehabilitation	Confirmed	
		6	Prosthesis and orthosis	Mr. Amit Bajrachharya (B. Sc, PNO)	Confirmed	
		7	Rehabilitation Nurse	Ms. Pratibha Gautam, Bachelor in Nursing	Confirmed	
		8	Clinical Psychologist	Ms. Constance Png., Singapore	Confirmed	