

Program Instructor:

1. Dr. Jack Miller, an accredited instructor of Evidence in Motion (EIM)

Facilitators:

2. Ms Ranjeeta Acharya, KUSMS
3. Mr. Nishchal Ratna Shakya, KUSMS

### About the Program (Course)

EIM's Management of Cervical & Thoracic Disorders course is designed to enhance the participant's knowledge and skill level in the evidence-based management of individuals with cervical-thoracic spine and ribcage disorders and dysfunction. This lab intensive course focuses on the clinical reasoning and hands-on skill development necessary to effectively integrate manual physical therapy examination and intervention techniques into the clinical management of these individuals. Classification systems, outcomes assessment tools, and the application of diagnostic imaging are discussed as components of the diagnostic process within the framework of evidence-based practice. Participants will receive hands-on demonstration and practice of both examination and selected interventions of cervical and thoracic spine

The program is a component of the Evidence in Motion (EIM) Doctor of Physical Therapy (DPT) degree program in Canada and the USA. This workshop is a second installment to the program "Manual therapy of Lumbar Spine" that was delivered by Joshua Cleland in NEPTACON 2014.

This program normally costs \$540.00 in USA and \$650 in Canada.

## Workshop on:

# Evidence-based Cervico-Thoracic Management



**Book your dates for 7th and 8th October 2017  
[Ashwin 21-22, 2074]**

**National Registration Fee: NPR 8000**  
[Previous Participants: NPR 7000]

**International Registration: 100 USD**

**Credit hour: 8 hours**  
**Limited Seats: 30**



**EVIDENCE  
IN MOTION**

### Approaches

This program is delivered in a blended learning fashion, combining online and on-site learning experiences to facilitate participant learning. An interactive and media-rich online pre-course is provided to participants 30 days in advance of an intensive 2-day program. The online pre-course provides an evidence-based overview of the management of cervical and thoracic spine disorders using a series of web-based video presentations, key evidence summaries and primary research articles.

The on-site program provides participants with hands-on demonstration and practice of selected examination and manipulative techniques for the upper thorax and neck regions. A heavy focus is placed on the skill development and proficient use of hold-relax mobilization, and manipulation interventions for these regions.

### Contact Details:

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### Venue:

*Dhulikhel Hospital, Nepal*

Logistics, Lunch & Local transport Available



Website: [www.nepalphysio.org](http://www.nepalphysio.org)